



**UNITE
GOOD
FOR**
Francesco Arezzo
RI President, RY 2025-26

Ambarnath North
Rotary
Club



**10
TITEN**
HARSH MAKOL
District Governor, RY 2025-26



A Face of
Rotary Club of Ambarnath North
M o n t h l y M a g a z i n e

Volume No.1, July 2025 Issue



July Monthly Theme - Maternal & Children Health

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Ambernath North
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PROFILE OF **Rtn. Francesco Arezzo**

R.I. President, RY 2025-26

Francesco Arezzo, a member of the Rotary Club of Ragusa, Italy, has been selected by the Board of Directors to become Rotary International's president for 2025-26. Arezzo will become president on 1 July.

The Board conducted a special session following the unexpected resignation of RI President-elect Mário César Martins de Camargo on 8 June. Guided by the RI code and policies, the Board selected the new president-elect from a pool of candidates who were considered by the Nominating Committee for President of Rotary International in August 2023.

The 2025-26 presidential message, announced at the 2025 Rotary International Assembly in February, will remain Unite for Good, which calls on Rotary members to be a force for unity in a world increasingly divided by politics, geography, & ideology. Through service projects, Rotary brings together people of every background - across races, religions, and professions - in a shared mission to do good in their communities.

Arezzo is an orthodontist in private practice. He is active internationally as a member of the Italian, European, & American orthodontics associations. He is vice president of the National Association of Italian Dentists for the province of Ragusa and was the founder & head for seven years of the delegation for Ragusa of the National Trust for Italy. He is a Knight of Honor & Devotion

In Obedience within the Sovereign Order of Malta. A Rotary member for more than 30 years, Arezzo has served as vice chair of the Joint Strategic Planning Committee and as RI director, learning facilitator, & as district conference presidential representative. Arezzo is a Major Donor & Benefactor of The Rotary Foundation. He is married to Anna Maria Criscione, an entrepreneur in the tourism field. They have two children.





Ambarnath North
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From the Desk of the District Governor

Rtn. Harsh Makol

D.G.2025–26 R.I. District - 3142.

Dear Rotarians of Rotary Club of Ambarnath North
Greetings and Rotary Namaskar!

It fills me with great pride and happiness to connect with you through this edition of your Club Magazine AVANI a vibrant showcase of your club's dedication, energy, and excellence in service. My heartfelt congratulations to Rtn. Rohit Pawar, the Editor, for launching this meaningful initiative. Your efforts in presenting your club's journey through thoughtful design & powerful content are truly appreciated.

As we step into the milestone TiTEN Year - celebrating 10 impactful years of District 3142 we are guided by the powerful call of our Rotary International President: "Unite for Good." Together, let us raise the bar and create a legacy of service and leadership.

This Rotary year, I urge each club to focus on these vital goals:

- 100% TRF Giving: Let us make District 3142 a 100% TRF Giving District by 30th October 2025. Every Rotarian, every contribution, makes a difference.
- Membership Growth: Invite your friends, family, & professional circles to be part of Rotary. More hands, more hearts, more help.
- Impactful Projects: Think big and plan bold. Design initiatives that truly uplift lives and communities.
- Use of Grants: Apply for District and Global Grants - our team is here to assist you in every stage of planning and execution.
- CSR Collaborations: Reach out to corporates and partners - together, we can scale up our projects and deepen our impact.
- Thrust Area Commitment: Make sure to complete at least 4 projects from the 10 District Thrust Areas - targeting key areas where change is most needed. And remember, Public Image is Public Impact.
- Plan to showcase Rotary. If you can truly see Rotary, then others will surely see it through you - through your actions, your stories, and your presence in the community. Use the power of PR and PI to highlight your work, celebrate your members, and invite the world to witness what Rotary truly stands for.

You are the leaders of this historic TiTEN year. Let your work speak, let your story inspire, and let your legacy echo for years to come.

Wishing the editorial team continued creative success, & to the Rotary Club of Ambarnath North - a year of strength, unity, and service that shines brightly.

With warm regards,

Rtn. Harsh Makol

District Governor 2025–26 R.I. District 3142.



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From the Desk of the Club President

Rtn. Pralhad Jadhav

TITEN President 2025–26

Rotary Club of Ambarnath North (RCAN) Dist. 3142

Dear Club Members Greetings
and Rotary Namaskar!

Congratulations Editorial Team on the launch of the AVANI Club Magazine! This vibrant edition beautifully highlights your club's dedication & excellence in service. Special appreciation to Rtn. Rohit Pawar for your outstanding efforts in curating this impactful publication.

As we enter the milestone TiTEN Year, marking 10 years of impactful service by our Club, we are inspired by the powerful message from D.G. Rtn. Harsh Makol & R.I. President: "Unite for Good." Let us come together to elevate our efforts and build a lasting legacy of service and leadership. This Rotary year, I urge each club to focus on these vital goals:

I am delighted to announce that RC Ambarnath North is celebrating its 10th anniversary! Over the past decade, our club has made a significant impact, grown stronger, and formed valuable relationships. This achievement is a testament to the dedication & hard work of every member.

On behalf of the entire team, I extend my sincere gratitude to all who have contributed to our success. As we move forward, let's continue our journey of service, fellowship, & growth, striving to make an even greater impact in the years ahead.

Here's to many more years of positive change!

From the Desk of the Club Secretary

Rtn. Anand Raghavan

TiTEN Secretary 2025 - 26

Rotary Club of Ambarnath North (RCAN) Dist. 3142



Heartfelt congratulations to the Editorial Team on the successful launch of the AVANI Club Magazine! This edition truly reflects your club's commitment to service and excellence. A special thank you to Rtn. Rohit Pawar for your exceptional efforts in creating this impactful publication.

I extend my heartfelt congratulations to every member of RC Amb North for completing a decade of dedicated social service. Your commitment and efforts have made us all proud to be a part of this esteemed club.



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From the Desk of the Chief Editor

Rtn. Rohit Pawar

Rotary Club of Ambarnath North (RCAN) Dist. 3142

Dear Club Members Greetings

I would like to sincerely thank each member of the Editorial Board for their hard work & dedication towards this publication. I am confident that in the upcoming issues, we will continue to strive as a team to provide you with content that meets your expectations.

I also encourage all members to contribute to future issues. If you have any write-ups to share, please feel free to submit them to the publication ID.

I extend my congratulations to our TiTEN President, Rtn. Pralhad Jadhav, for his outstanding leadership during his presidential year. Best wishes to each Board Member for their roles in the upcoming year.

I look forward to the full support of the Board of Directors for the Editorial Board in the Rotary Year 2025-26.

Rotary Club of Ambarnath North (RCAN)

NAVRATNA



Rtn Er. Gunvant Patil



Rtn Dr. Avdhut Mohite



Rtn Er. Rajendra Patil



Rtn Roma Bagthiani



Rtn Narsimha Mehetre



Rtn Er. Prakash Kothari



Rtn Rajkumar Tolani



Rtn Rajesh Kadam



Rtn Ajay Tale



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Ber, Babul, & Bees

The Ace Cards of Sustainable Agriculture

In the realm of sustainable farming, Ber (*Ziziphus mauritiana*), Babul (*Acacia nilotica*), & bees emerge as nature's powerful allies. These native trees, often found along farm bunds, are more than just passive elements of rural landscapes -they are vital to ecosystem health & agricultural resilience.

Bees, often hosted safely in the canopies of Ber and Babul trees, play a crucial role in pollination and fruit setting. Beyond honey production, bee venom has shown therapeutic effects in managing joint pain & various ailments, offering both ecological and medical benefits.

Historically, farming thrived without synthetic fertilizers or pesticides. Ber & Babul trees enriched the soil with organic matter and supported natural nitrogen cycles, maintaining groundwater recharge & ensuring well water availability. The presence of birds, reptiles & insects on these trees helped control pests naturally. Meanwhile, grasses & shrubs on bunds preserved the ecological balance, creating a harmonious cycle of sustainability.

Babul trees also provide economic value: their seeds, gum, pods, and branches are commercially viable. They support goat farming by supplying fodder & enabling manure production, enhancing both livestock & soil health.

However, the race for high yields has led many farmers to remove these ecological assets. The consequences -falling groundwater levels, dependency on chemical inputs, rising costs, and farmer distress, even suicides -are stark reminders of a broken system.

Reviving the practice of planting Ber and Babul trees along farm bunds is a crucial step toward organic, debt-free & sustainable agriculture. These trees, along with bees, can restore ecological balance, improve farm income, and ensure long term agricultural stability.

From _____

Rtn Gunvant Patil

Water Purification & Environmental Expert





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Varsha Ritu Charya

Ayurveda's Monsoon Wisdom for Health & Balance Monsoon brings a fresh, rejuvenating atmosphere but can disrupt internal balance, causing digestive issues, joint pain, & a weakened immune system. Ayurveda explains that during the monsoon (Varsha Ritu), Vata dosha is aggravated, & digestive fire (Agni) weakens. This season increases risks of infections & sluggish metabolism, requiring adjustments to lifestyle & diet.

Diet Recommendations:

- Eat: Warm soups, barley, moong dal khichdi, old honey, and spices like ginger, cumin, and turmeric. Consume boiled, cooled water and avoid outside food due to contamination risks.
- Avoid: Cold, raw, fermented, fried, or heavy foods, and street food.

Daily Routine:

- Wake up early, perform gentle yoga & drink warm water with dry ginger or cumin.
- Follow a regular meal schedule with warm, fresh food.
- Avoid day naps, excessive work, and stay in a humidity-free environment.
- Practice meditation, oil massage (Abhyanga), & wear cotton clothes.

Basti (Medicated Enema):

Basti, a key Ayurvedic therapy, helps balance aggravated Vata & detoxifies the body. It aids digestion, relieves joint pain & enhances immunity & skin health.

Conclusion:

To thrive during monsoon, focus on supporting digestion, hydration, & Vata balance with Ayurvedic practices like warm foods, oil massage, & Basti therapy.



From _____

Dr. Jyoti Mohite

M.D. Ayurved



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बिब्लियोथेरापी म्हणजे काय ?

बिब्लियोथेरापी म्हणजे पुस्तकांच्या माध्यमातून मानसिक, भावनिक किंवा सामाजिक समस्यांवर उपचार करण्याची प्रक्रिया. यात निवडक पुस्तके, कथा, आत्मचरित्रे, काव्य वाचून व्यक्तीला स्व-समज, भावनिक सावर, व वैचारिक स्पष्टता मिळते.

शैक्षणिक क्षेत्रातील उपयोग

1. विद्यार्थ्यांचा भावनिक विकास: चिंता, न्यूनगंड, राग अशा भावना समजून घेण्यासाठी साहित्याचा वापर.
2. मूल्यशिक्षण: नैतिकता, सहकार्य व जबाबदारी शिकवणारी पुस्तके.
3. समुपदेशन: शालेय समुपदेशक विद्यार्थ्यांना वाचनाच्या माध्यमातून मार्गदर्शन करतात.
4. प्रेरणा व करिअर मार्गदर्शन: आत्मचरित्रे व प्रेरणादायी साहित्य.

वैद्यकीय क्षेत्रातील उपयोग

1. मानसिक आजारांवर उपचार: डिप्रेशन, चिंता, व्यसनमुक्ती यासाठी चिकित्सक साहित्याचा वापर.
2. रुग्णांना भावनिक आधार: कर्करोग, अपंगत्व यासारख्या स्थितींमध्ये प्रेरणादायक वाचन.
3. वयोवृद्ध व डॉक्टरांसाठीही उपयुक्त: मानसिक स्थैर्य व तणावमुक्ती मिळते.

फायदे

- भावनांचे योग्य व्यवस्थापन
- आत्मसमज व प्रेरणा
- मानसिक शांतता व सकारात्मक दृष्टिकोन

निष्कर्ष

बिब्लियोथेरापी ही एक प्रभावी, सहज आणि प्रेरणादायी उपचारपद्धत आहे जी शाळा, महाविद्यालये, रुग्णालये आणि ग्रंथालयांमध्ये वापरली जाऊ शकते.



चेतन टाकसाळे

संचालक

सॉफ्टवेक सोल्युशन सर्विसेस



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सैंद्रिय टेरेस गार्डनिंग (Organic Terrace Gardening)

म्हणजे आपल्या टेरेसवर किंवा छतावर नैसर्गिकरित्या, म्हणजेच कोणत्याही रासायनिक खतांचा, कीटकनाशकांचा वापर न करता भाजीपाला, फळे, फुले किंवा औषधी वनस्पती उगवणे.

- **सैंद्रिय टेरेस गार्डनिंगचे फायदे :** आरोग्यासाठी उत्तम: रासायनिक अवशेष नसलेला ताजा, आरोग्यदायी भाजीपाला मिळतो.
- **पर्यावरणासाठी पूरक :** रासायनिक पदार्थांचा वापर टाळल्याने जमीन आणि पाण्याचे प्रदूषण कमी होते.
- **पैशांची बचत :** बाजारातून भाजीपाला विकत घेण्याचा खर्च वाचतो.
- **आनंद व समाधान :** स्वतः पिकवण्याचा आनंद आणि मानसिक समाधान मिळते.
- **कचरा व्यवस्थापन :** ओल्या कचऱ्यापासून खत (कंपोस्ट) बनवून त्याचा वापर करता येतो.

सैंद्रिय टेरेस गार्डनिंगसाठी आवश्यक गोष्टी

- **सूर्यप्रकाश :** रोपांच्या वाढीसाठी दिवसातून किमान 5-6 तास सूर्यप्रकाश मिळणे आवश्यक आहे.
- **भांडी (कंटेनर्स) :** कुंड्या, प्लास्टिकच्या बाटल्या, जुने डबे, ग्री बॅग्स (Grow Bags) यांसारख्या विविध प्रकारच्या भांड्यांचा वापर करता येतो. पाण्याचा निचरा होण्यासाठी भांड्यांना छिद्रे असणे महत्वाचे आहे.
- **माती मिश्रण :** चांगल्या प्रतीची माती, कंपोस्ट खत, कोकोपीट (Cocopeat) आणि वाळू यांचे मिश्रण वापरणे उत्तम. यामुळे माती सुपीक राहते आणि पाण्याचा निचरा चांगला होतो.
- **बियाणे किंवा रोपे :** चांगल्या प्रतीची सैंद्रिय बियाणे किंवा रोपे निवडा.
- **सैंद्रिय खते :** कंपोस्ट खत, गांडूळ खत, शेणखत, पालेभाज्यांपासून बनवलेले खत यांचा वापर करावा.
- **नैसर्गिक कीटकनाशके :** कडुलिंबाचे तेल (Neem Oil), करंज तेल, दशपर्णी अर्क, लसूण-मिरची-तंबाखूचा स्त्रे यांसारख्या नैसर्गिक उपायांनी कीड नियंत्रण करता येते.

सैंद्रिय टेरेस गार्डनिंग कसे सुरु कराल ?

- **जागेची निवड :** टेरेसवर किमान 4 तास सूर्यप्रकाश मिळणारी जागा निवडा.
- **पाण्याचा निचरा :** कुंड्या किंवा कंटेनरमध्ये पाण्याचा निचरा व्यवस्थित होतो याची खात्री करा.
- **बियाणे पेरणी/रोपण :** नामांकित कंपन्यांचे उच्च प्रतीचे भाज्या किंवा फळांची बियाणे किंवा नर्सरीतील तयार रोपे लावा.
- **नियमित पाणी देणे :** गरजेनुसार रोपांना सकाळी किंवा संध्याकाळी पाणी देणे चांगले.
- **खत देणे :** दररोज प्रमाणात द्रवखत द्या अथवा ठराविक दिवसांच्या अंतराने सैंद्रिय खते द्या.
- **कीड नियंत्रण :** नियमितपणे रोपांची तपासणी करा आणि कीड दिसल्यास नैसर्गिक उपायांचा वापर करा. सैंद्रिय टेरेस गार्डनिंगमुळे ताजा, विषमुक्त भाजीपाला मिळवून श्रम केल्याचा आनंद, समाधान अनुभवता येईल.

भारतीय शेती बद्दल थोडक्यात

जगातील सर्व प्रगत राष्ट्रात उच्चशिक्षित माणसे यांत्रिक पद्धतीने प्रगत व फायदेशीर शेती करतात. भारतातील शेतकरी हा अशिक्षित आहे व पारंपारिक पद्धतीने शेती करतो. शेतकऱ्याचा माल कारखानदार घेऊन त्याचे प्रॉडक्ट 10 पटीत विकतो. भारतातील शेतकरी पिकवतो व दर सरकार ठरवते, तर कारखानदार वस्तू बनवून त्याचे दर स्वतः ठरवतो, ही भारतातील सर्वात मोठी शोकांतिका आहे.



रो. राजेश सुरेश भावसार

अध्यक्ष -2026-27

रोटरी क्लब ऑफ अंबरनाथ नॉर्थ



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Proud of Dhriti Chaudhari:

Comrades Marathon 2025 Finisher

Congratulations to Dhriti Chaudhari for completing the gruelling Comrades Marathon 2025 in South Africa - one of the world's toughest ultramarathons. Her victory, fuelled by determination and hard work, is a source of pride for Dombivali, Kalyan, Ambernath, Ulhasnagar and Badlapur.

Dhriti, your achievement inspires us all, especially women, to believe that no goal is too big when the heart is strong. You've made history for Ambernath.

We celebrate you!



Behind every resume you reject is a story you'll never hear

Behind every resume you reject is a story you'll never hear. I've heard them. A mother rehearsing interview answers at 2 AM while feeding her baby. A father learning to code during lunch breaks to build a better future. A student working three jobs just to earn the degree printed on that page. That "gap year/years"?

- ↳ **Fighting cancer**
- ↳ **Caring for aging parents**
- ↳ **Grieving and rebuilding after loss**
- ↳ **Raising a child with special needs**
- ↳ **That "job hopping"?**
- ↳ **Escaping toxic workplaces**
- ↳ **Adapting to growing family needs**
- ↳ **Surviving life's unpredictable turns**

Before you say:

"Not enough experience" "Over-qualified" "Not the right fit"

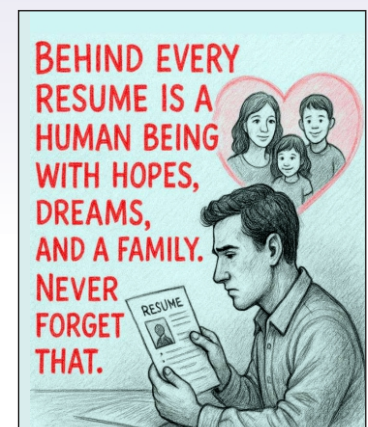
Remember:

This isn't just a document. It's someone's story - their hopes, their grit, their future. The most important qualifications rarely fit on a resume:

Resilience Determination:

Heart Next time you - or AI - reviews a resume, Look beyond the bullet points. There's a human story waiting to be seen.

Source Linkden Post





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Ayurveda & Diet A Path to Wellness

Ayurveda, a 5,000-year-old Indian wellness practice, translates to "the science of life" (Ayur = life, Ved = science).

An Ayurvedic diet focuses on eating whole, minimally processed foods and adopting mindful eating habits to boost health, prevent disease, and maintain wellness. The key is eating according to your dominant constitutional type or Dosha (Prakruti).

Basic Ayurvedic Eating Practices:

- **Six Tastes:** Include sweet, salty, sour, bitter, pungent, and astringent at each meal.
 - Start with sweet foods (e.g., sweet fruits or kheer).
 - Follow with salty and sour foods.
 - Finish with pungent (onions, peppers), astringent, and bitter foods (celery, kale).
- **Mindful Eating:** Focus on your meal, avoiding distractions like TV or work. Eat slowly to enjoy the taste, but fast enough to keep food warm.
- **Portion Control:** Pay attention to hunger and fullness cues to avoid overeating
- **Meal Timing:** Wait for proper digestion before eating again-typically 3-8 hours between meals. Focus on a modest breakfast and a larger, satisfying lunch. Dinner is optional, depending on hunger.

Benefits of Ayurvedic Eating:

Whole Food Focus: Prioritize whole, unprocessed foods for better health.

Mindful Eating: Eat when hungry, savor your food, and stop when full, fostering a balanced relationship with food. **Health Benefits:** Ayurvedic practices are supported by growing research, offering potential improvements in overall health. To start, identify your dosha and seek professional guidance to customize your diet based on your Prakruti and health condition. Ayurvedic diets can help manage diseases more effectively by focusing on Pathya (appropriate foods).

Dr. Jayesh Varade, M. D. (Ayu), D.Y.A.

For Appointment Contact No.: 9767741158





**UNITE
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Francesco Arezzo
RI President, RY 2025-26

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HARSH MAKOL
District Governor, RY 2025-26



AVANI
RC AMBARNATH NORTH

Booklet Guy

About Booklet Guy

Popularly known as Booklet guy, Amrut Deshmukh, who calls himself as an outdated Chartered Accountant, is on a mission to cultivate the habit of reading amongst the youth of India. Mission Make India Read. He reads for India. How does he do that? For that, you need to meet him.

The average reading speed of most of us 150 words per minute. Amrut has increased his reading speed to 900 words per minute.

He reads almost 1 book a day and has read 1887 books till now.

By implementing the great ideas from books, he now has 75 lakh young readers who are enthusiastically reading books with him on his free mobile app called "Booklet".

TED talk speaker (thrice) and awarded as "Youth Icon 2020". Author of "The 7 Habits of Highly Effective READERS"

Awarded as India's only successful social start-up without any external funding. Meet him to know:

- how a book saved his life.
- Why WhatsApp banned him.
- why he turned from a professional gambler to a social entrepreneur

After 3 failed start-ups and 1 failed suicide attempt, he now has a dream that one day India will be known as a "Nation of Readers" on the world map.

From _____

Shri. Amrut Deshmukh

Booklet Guy





Ambarnath North
Rotary
Club



M-Power Consultrainers

MPower Consultrainers is an Ambarnath-based Training and Software Development venture, specializing in providing **need-based Soft Skills and IT training** for students, professionals, and corporates, alongside development of **customized web-based applications** tailored to client requirements.

Our Leadership

- **Mr. Mukesh Vispute** heads our **Soft Skills Training Division**. A **management professional, certified career analyst, and corporate trainer**, Mukesh brings with him more than **25 years of experience** in management, and training. His engaging, practical programs are designed to transform participants' professional and personal effectiveness.
- **Mrs. Kavita Vispute** leads our **IT Division**. With **over 25 years of experience** in the IT domain, she is a **Microsoft Certified Technology Specialist** and has served as a technical consultant with reputed IT training companies. She has conducted numerous **corporate training programs in .NET, Java, and related technologies** for leading organizations.

Our Divisions & Services

Soft Skills Training

- **Need-based training programs for corporates**, covering leadership, team building, communication, customer service, and more.
- **Personality development, communication skills, and image building workshops** for individuals.
- **Spoken English Training** through our franchise partnership with **Speakwell English Academy**, an **authorized training partner of National Skill Development Corporation (NSDC)**.
- **Seminars in schools and colleges on:**
 - Career Guidance
 - Supportive Parenting
 - Art of Learning, and other youth-focused topics.
- **Personalized Career Guidance Sessions** for students and professionals using **Psychometric analysis**.
- **Life Skills and Value Education programs** for educational institutions.

Software Development

- Development of **customized web-based applications** with dashboards and dynamic reports using latest technologies
- **Single and dual-language website development** solutions for businesses and institutions.

MPower Institute of Information Technology (MPIIT)

Our IT Training Division, **MPIIT**, specializes in offering **professional, job-oriented IT training** for students, working professionals, and corporates. Programs are carefully designed to align with current industry needs and academic curricula.

Training Programs Offered:

For IT Professionals (with Live Project and Internship Options):

- Full Stack Development in **.NET / Java**
- Certificate in **Python Programming**

For IT Students (as per college syllabus):

- C Programming, C++, HTML, CSS, Data Science, Python, Project in Java/.NET, Website development, Data base programming (SQL and PL SQL, Mongo DB), GIT HUB, GIRA (Project Management Tool), Software Testing, Micro Services, Web API.

Other Professional Courses

- Advanced Excel • Power BI • Web Designing

MPower Consultrainers / MPower Institute of Information Technology (MPIIT)

36, Kuldeep Apartment, Opp. Dr. Chile Hospital, Near Station. Ambarnath (E).
Tel. No. 8830099234





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HARSH MAKOL
District Governor, RY 2025-26



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Know Your Rotarian

Rtn Dimple Patil



I completed my schooling from Fatima High School and hold a Bachelor's degree in Chemistry from Smt. C.H.M. College, followed by both Bachelor's and Master's degrees in Library and Information Science from the University of Mumbai.

My professional journey began as an Assistant Librarian at Smt. C.H.M. College, where I served for five years. I then joined Zee Entertainment Enterprises Ltd., where I have completed 20 fulfilling years. I was initially involved in the development of library software in collaboration with the IT team and later became part of the core team responsible for implementing the Digital Asset Management (DAM) system.

Currently, I serve as Manager - DAM Operations. I lead three key teams: Content Restoration, Data Hygiene, & Promo Archival. My department functions as the central repository for Zee's vast content library. I oversee the archival, processing, and syndication of content, ensuring error-free delivery within deadlines. I also coordinate with business & legal teams to ensure content compliance, while providing support in high-priority content retrieval.

Additionally, I am responsible to managing data related to content created & archived across PAN India ensuring seamless traceability and accessibility of assets.

Zee has been more than a workplace, it's been a second home for the past two decades, & I take pride in contributing to its growth & digital transformation journey.





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From the Young Lens

A Glimpse of Heritage Through a Young Lens



Finish with pungent (onions, peppers), astringent, and bitter foods (celery, kale).

Captured by Asmi Patil, daughter of Rtn. Dimple Patil, on a bright January morning, this stunning photograph beautifully frames the iconic Gateway of India in Mumbai. Erected in 1924 to commemorate the visit of King George V and Queen Mary, this historic monument stands as a proud testament to India's colonial past & architectural splendor.

What truly sets this photograph apart is not just the grandeur of the monument, but the vibrant crowd in the foreground—an authentic reflection of the bustling life & cultural richness that surrounds this heritage landmark. Through Asmi's young & thoughtful lens, we witness a powerful blend of legacy & living culture that defines the spirit of the Gateway.

Thank you, Asmi, for this wonderful contribution!



Pic for the July 2025 Month

Captured in Singapore by our very own Rtn. Shekhar Jadhav, this delightful photo features a serene evening by the iconic Merlion Park. With the majestic Merlion in the background & the vibrant Singapore skyline framing the scene, this picture perfectly captures the spirit of travel, togetherness, & timeless memories.

Thank you, Rtn. Shekhar,
for sharing this beautiful moment with us!



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Birthday & Anniversary in July

Birthday

02 - Jul Vijaya Basangar --- Member
27 - Jul Sarvesh Randhive --- Member

Anniversary

31 - Jul Pralhad Jadhav ----- President

Flash Back of Awesome Year 2024-25





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Catract Eye Camp



Catract Eye Camp

(Inter Dist. Pen-Raigad)



School Kit Distribution Project



Divyang Yoddha Project

Rotary Club of Ambernath North

Rent a Wheelchair



Rotary Club of Ambernath North

Rent a Walker





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Nation Builder Award



Rotary North Family



Bhakti Sandya (Womens Empowerment)





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AnnaDan Project



Tree Plantation



Shot on OnePlus
By Priya

Nirmalya Collection



POP Murti Dissolution



POP Murti Dissolution (Inter Dist. Project in Pen-Raigad)

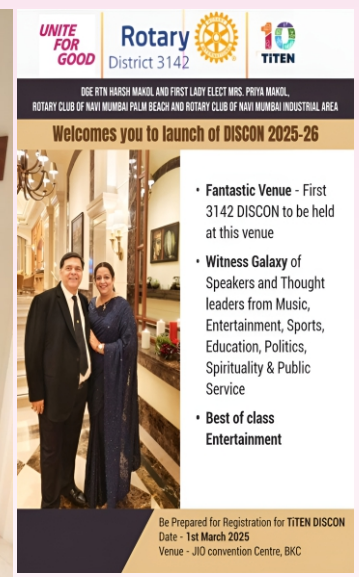




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TiTEN Year - President Rtn. Pralhad Jadhar Journey







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Rotary District 3142 **10 TITEN**

DGE. Harsh Makol & First Lady Rtn. Harpreet
Invites you to

District Learning Assembly

RY 2025 - 2026

ADHYAYAN
Rotary Knowledge

Date: 20th April 2025

CIDCO Convention Centre, Vashi

Link for Registration: <https://zfmz.com/OXuV74r1JlIj0IFz4Wud>

Supported by **DREAM DEVELOPERS®**

Host Club
Rotary Club Of New Kalyan

QR for Registration

Rtn. Dr. Sushrut Vaidya
Convener

Rtn. Kedar Poshke
Co-Convener

Rtn. Bijja Unnithan
Club President 2024-25

Rtn. Ramesh More
Club Secretary 2024-25

